

e-Bugle

Garrett Bugle Internet Edition

Volume 52

September 2005

No. 7



Calendar

Wed., Sept. 28	Citizens Assoc. meeting, Town Hall, 8 pm	Tues., Oct. 11	Lunch Bunch, Town Hall, 12:30 pm; <i>Bugle</i> deadline, 3 pm
Sat., Oct. 1	GIVES collection, Post Office; Large item pickup	Sat., Oct. 15	Attic-in-the-Street Sale, Kenilworth Ave., 10 am–2 pm (see article, p 5)
Sun., Oct. 2	Newcomers Welcome, Town Hall, 4 pm	Wed., Oct. 26	Citizens Assoc. Town Meeting, Town Hall, 8 pm
Mon., Oct. 3	Coffee/tea break, Penn Place lobby, 10–11:30 am	Sat., Oct. 29	Halloween spooking in Porcupine Woods
Sun., Oct. 9	Weymouth Street block party, 3 pm (see p 3)	Sun., Oct. 30	Daylight Savings Time ends at 2 am; set clocks back one hour
Mon., Oct. 10	Town Council meeting, Town Hall, 8 pm	Mon., Oct. 31	Trick or Treating by schoolchildren
mid Oct.	Leaf removal starts		

Making a Pretty Town Prettier

Town aesthetics dominated the September Town Council meeting: outside Penn Place, bricks have been installed in a circle, while inside, art-work hangs from the walls; Strathmore Avenue looks pretty but isn't finished yet; some new parking signs are up around Penn Place, but the question of how that area will ultimately look has still not been answered; and, of course, the question of how the look of houses in Garrett Park might change in the future remains up in the air. All these things and more were discussed.

The meeting opened with citizen announcements, including Gene Brantly's reminder that the

second meeting on the subject of the zoning overlay will take place on the evening of September 28. Gene also announced that this year's newcomers' reception will be on Sunday, October 2, at 4 pm.

The Mayor gave the date and time for the Art Gala at Penn Place's lobby, featuring the work of a number of Garrett Parkers (see article, p 4).

Dick Pratt noted that while some parking signs have indeed been posted around Penn Place, we need to figure out precisely where we are at this point on the question of ordinances.

(continued next page)

Garrett Park Citizens Association
Garrett Park, Maryland 20896-0456

Bulk Rate
U.S. Postage
PAID
Permit No. 2

P.O. Boxholder
Garrett Park, Maryland 20896

(continued from previous page)

“How can we reactivate work on parking?” he asked.

Peter Cohen then spoke about Strathmore Avenue. “We still do not have any control of traffic. Why has this project taken so long?” The Mayor responded that it’s a state project and we’re pretty much at their mercy. Peter Benjamin added, “We share your frustration,” and Hans Wegner had the final word: “In the end, we’ll get a great project.”

In the Mayor’s Report, she began by noting that Tony Altar will not be able to handle all the work on the town Infrastructure Committee, because of increased responsibilities at his workplace. The Mayor will be assisting him. Carolyn then introduced the president of the Garrett Park Elementary School PTA, Barbara Ferry, and the school principal, Lee Derby.

Barbara Ferry wants to “open lines of communication between what the school needs and what the town needs.” She encouraged Garrett Parkers to volunteer at the school “even if you don’t have children there.” Lee Derby first thanked Garrett Park for its help and support in the past, and mentioned ways in which the town can continue to give the school a hand. There’s simple stuff, like putting your newspapers in the school dumpster, for which the school gets money. And there’s more challenging stuff, like the Oasis Tutoring Program (see p 8), which allows you to work individually with a student to help him or her read (training is provided).

As for GPES issues, Principal Derby singled out the fact that “Our building is very old and meandering.” By next August, if all goes as planned, six new classrooms and additional support rooms will have been built. But the long-range plan involves a complete renovation of the school in 2012. Those of us who, like your reporter, attended the school, might want to start adjusting to its physical disappearance.

In Councilmember Reports, Hans Wegner remains unhappy with some of the plantings along Strathmore. The state will try to do some additional October plantings. We continue to look at various quotes for stonework on the retaining walls along the avenue. And as for the lights, they won’t be turned on until they’re retrofitted properly, which should happen next week. Hans has also solicited ideas from the residents along Strathmore about what else needs to be done:

Nanny available full time, starting September.

We are seeking a new position for our wonderful Nanny of 13 years, as we are moving to NYC.

Excellent references.

Call Stacey (202-997-0500)

what’s missing, what needs fixing, and so forth. We already know we’ve got problems with some trees inadequately set in the soil, for instance.

In his report about the Arboretum Committee, Karol Soltan anticipated that the Committee will be preparing a proposal asking the town for more money, since their budget has been eaten up by emergency removals.

On the town speed limit question, Tony Altar announced that an update is now available, and that a formal introduction of a possible ordinance will be presented at the October Citizens Association meeting. There was a little discussion after this, in which Peter Benjamin reported that some townspeople feel the 19 mph limit proposed is “too cute.”

And on the subject of traffic, a proposed ordinance that parallel parking be required along the Park Place parts of Rokeby Avenue where signs have been put up (county police promise to “vigorously enforce” this) failed for lack of a second. One sticking point seems to be that no one really knows where Park Place is, and more generally, where any number of pertinent streets begin and end. “We first need to define the streets,” said Peter Benjamin.

Bob Reinhardt spoke briefly for the Historic Preservation Committee, saying “We hope at the Citizens Association meeting on September 28 to spend time on the substance of the overlay proposal rather than the process.” Peter Benjamin, noting “surprising levels of misunderstanding” at the earlier meeting, proposed that we “put all Park and Planning stuff aside and instead look at basic principles.” The Mayor noted that the County Council seems to be moving along on its own zoning proposal, one similar to what the Historic Preservation Committee has proposed.

Karol Soltan proposed to have a nonbinding referendum in town on the subject—a yes/no vote—after the town has arrived at some language about the overlay zone; the proposal passed.

Margaret Soltan

The *Garrett Bugle* is a publication of the Citizens Association of Garrett Park, published 10 times a year. Publication of the *Bugle* is supported by member dues. All residents of Garrett Park are members of the Citizens Association. Yearly dues (\$10 per family or \$5 per individual per address) can be sent to Citizens Association, Box 456, Garrett Park, MD 20896.

Citizens Association Officers:

Co-presidents: Gene Brantly
Jack Mandel

Vice president: Matt Stavish

Treasurer: Anne Mizoguchi

Secretary: Laura Krupp

Bugle staff:

Editor: Barbara Collier (Box 191)

Reporters: Mary Moyer (Box 98)
Anne Mizoguchi (Box 256)
Laura Krupp (Town Office: 933-7488, garrett-park@comcast.net)
Margaret Soltan (Box 518)
Carol Davies Lillie (Box 351)

Graphic design: Linda Paine

Ads: Mary Moyer (Box 98)

Subscriptions: Jane Salomon (Box 227)

Out-of-town subscriptions cost \$13 (first class) or \$10 (bulk mail). Letters to the editor can be submitted by mail or hand to *Bugle* staff or by email. The editor reserves the right to edit submissions for length and clarity. Unsigned letters will not be printed.

Town Administrator Notes

Large Item Pickup: The fall large item collection will take place on Saturday, October 1.

Be Prepared: September is National Preparedness Month, and the tragic events following Hurricane Katrina should remind us that a certain degree of self-reliance is often required in an emergency. It is recommended that each household have at least 3 days worth of water, food, and other essentials on hand at all times. For more information on how best to prepare for the worst, visit www.makeaplan.org or call 866-788-PLAN.

Leaf Raking & Yard Work Assistance: Any young people in town who would like to offer their services to help residents with fall yard work may contact Laura Krupp at the Town Office (301-933-7488) to add their names to the list we keep.

First Monday Coffees: After a summer break, the Mayor's "First Monday" coffee break has returned. From 10 to 11:30 am on the first Monday of each month, coffee, tea, and cookies are served in the Town Lobby at Penn Place. Residents, their children, pets, and friends are all invited to take a break with the Mayor.

Art at Penn Place: Resident and artist Jane Salomon has been working hard to pull together a display of works of art by local artists that is hung in the Town Lobby at Penn Place. Stop by and take a look—the art is for sale and may be just what you need for that blank wall.

Martin Luther King Day Commission: Volunteers are needed to represent Garrett Park as representative and alternate to the County's MLK Day Commission. Please contact the Town Office or Mayor Shawaker if you are interested in this opportunity to serve the town.

Town Finances: The FY 2005 audit is wrapping up. I will be preparing a Manager's Discussion & Analysis of the audit report—a requirement of the Government Accounting Standards Board (GASB: www.gasb.org) under the GASB-34 regulations. The MD&A, as it is called, will be a "plain English" explanation of the town's formal accounts and my analysis of the town's current financial status. I expect the final audit report to be ready by November, and copies will be available to any town resident who would like one as soon as the Council has accepted the audit.

Ted Pratt
Town Administrator/Clerk-Treasurer

We're Green Again!

Our thanks this month for our green banner go to the Wilpers on Kenilworth. Since the well is dry after January, we only ordered 5 months of the green banners to be printed. If more money is forthcoming, we can extend throughout the rest of the printing year. Who knows, we may even have a new design! Send checks and memorial information to me, Box 98. Many thanks.

Mary Moyer

Block Party/Fundraiser

Help hurricane victims, meet your neighbors, and dance to live music: Please hold the date of Sunday, October 9 (rain date October 16), when all the town will be welcome at the annual Weymouth Street block party. This year the event is a fundraiser for victims of Hurricane Katrina, featuring two local bands. Come to the cul-de-sac to hear the rootsy country rock of Border State and the blues of Nobody's Business. The potluck party will run from 3 pm till nightfall. Watch the bulletin board at Penn Place for further details.

John Bennett

GIVES

Nadia Lessin, a longtime member of GIVES, died on July 7, 2005, at the age of 91. She had been an active member since moving to Bethesda in 1980. Although she did not live in Garrett Park, she had many ties to the community, as a member of the swimming pool for many years and as the sister of Elsa Guernsey, who had moved to Garrett Park in the early 1940's. She had been a close friend of Janet Howard of Garrett Park since college days at Northwestern University in the 1930's. Nadia made substantial monthly contributions to GIVES for 25 years. Not able to visit the post office on Saturday, July 2, she posted her last monthly check to GIVES the day before she died. She will be missed by all who knew her.

Note: Ulla Lustig and her husband, Nick, will be at the Post Office on Saturday, October 1, 2005, collecting dollars for GIVES. As always, we would like to thank all of you who so generously contribute each month. We are hoping that some of our money can be directed to Hurricane Katrina victims through the Friends Service Committee. Also, there will be a GIVES meeting at the Town Hall in October or November. Watch the bulletin board for a date.

Glenda Ingham and Karen Anderson

Visit Garrett Park's Website:

www.garrettpark.org/



Services for Seniors

Activities of Daily Living

- Bathing
- Dressing
- Lifting
- Transferring
- Personal Care & Hygiene

Support Services

- Companionship
- Meal Preparation
- Medication Reminder
- Physical Therapy
- Light Housekeeping
- Transportation to Appointments

For a free appointment, call 301-949-0060
eldercaring2@aol.com

Communication Gap

The Garrett Park town government continues to provide poor communication to the citizens of Garrett Park.


The citizens were not given advance notification of a resolution that was proposed and approved at the Town Council meeting on September 12, 2005. This resolution was not noted in the agenda for the September 12 Town Council meeting, copies were not posted or published, and copies were not available at the Town Offices on September 9. A Councilmember stated at the Town Council meeting that a draft of this resolution was emailed only to other Council members. It would be nice if the residents in the town could have advance copies of items to be discussed and especially items to be voted on at a Council meeting. (The approved resolution provides for a non-

binding referendum—yes/no vote by the town residents—for a final zoning amendment, if one is produced. The Council would then vote on any zoning amendment that would then advance to the MNCP&PC and County Council.)

On September 9, there was no information available in the Town Offices for the September 12 Town Council meeting, including two proposed ordinances (on parking and speed limits) mentioned on the agenda.

Communication was an issue at the Town Council meeting on September 12. There was a good discussion on the "Garrett Park Overlay District Amendment Process" at the September 12 Council meeting, about which the agenda noted, "This will be a Council discussion only." However, the Chairman of the Historic Preservation Committee and town staff were provided the opportunity to speak about the process a number of times. A few citizens raised a hand to speak but were not called on. Citizens are provided the opportunity to communicate their opinions at a Town Council meeting by the Town Charter, section 78-8, which states, "the rules of the Council shall provide that residents of the town shall have a reasonable opportunity to be heard in regard to any municipal question."

Charles Berry



TUTORING

Kindergarten—8th Grade

Kenilworth Avenue, Garrett Park
(310) 946-8344

Phyllis Kaufman

Maryland Certified Reading Specialist
Reading Specialist in MCPS for 14 Years at Farmland ES

Phonics Skills and Comprehension Strategies
Writing Process—All Forms of Writing
Research Skills
Study Skills
Test Taking Skills

Garrett Park Children's Center

Now enrolling!

Creative enrichment program
4- and 5-year-olds for the 2005-2006 school year

- NAEYC accredited program
- Full- and part-time hours available

Great opportunity for those Kindergarten-bound children who have missed the cutoff for Kindergarten 2005.

For more information, call
Amanda Hawk, Director
301-946-6192

4806 Oxford Street
Garrett Park, Maryland

Art at Penn Place

A gala reception, with music and refreshments, was held on Sunday, September 18, in the lobby area above the Post Office to celebrate the opening of the "Art in Penn Place" gallery. The first exhibit features one work from each of the nine local artists who will be having solo exhibits in the space during the next year. Many thanks go to Jane Salomon for organizing and hanging the exhibits and to an anonymous donor for providing the hanging system.

Nancy Schwartz

Have you just won the "Best Stressed Contest"?
Need to take a "time out" for you? • Life too hectic? Need to chill?

Yoga

at
Garrett Park Town Hall
could help!

Tuesdays: 8:00–9:15 pm
Fridays: 9:15–10:30 am

➤ 7 weeks • \$95 <

\$18 drop-in

September 6–October 21
October 25–December 16
No classes Thanksgiving week

with **Jackie Hoffman, M.A.**
Certified Yoga Instructor • Exercise Physiologist • 20 years experience

Register with Jackie
jackiesemail@verizon.net • www.jackiehoffman.com • 301-588-9369

jill designs, llc

Want to make your house look fabulous?

Shop from the comfort of your home for custom window treatments, reupholstery, slipcovers, bedroom ensembles, decorative pillows—as well as exciting new color schemes—and more!

jill designs provides personalized service with a flair—competitive prices—to fit every budget. We invite you to call today to set up an appointment so we can begin to make your house your home.

\$100 OFF
any order
over \$1000
with this ad

301-762-7740 • Cell 301-928-9550
jillskahn@earthlink.net • By Appointment Only

For Dog and Country

“What a great Fourth!” Barbara Shidler, Town Archivist, said to your reporter as the parade floated by. “One of the best.” When the person in town with arguably the longest and best-informed GP-related historical memory tells you that, it’s probably true.

And whether it was the mild weather, the intriguingly nonstandard theme (“Going to the Dogs”), or just the now near-mythic fabulousness of Garrett Park as such, the event drew scads of creative and enthusiastic people, townies and non-townies.

Much of the credit must go to Pat Aufderheide, Matt Stavish, and a lot of other organizers, volunteers, and performers who made it possible for the native genius of this country to express itself in some of the most elegant and inventive ways imaginable. The parade was funny, moving, patriotic, and canine.

There were princess dogs, pirate dogs, painted dogs, and puzzled dogs. There were tributes to the beauty, fidelity, and winsome ways of dogs.

But above all there were reminders of the mementos our dogs leave behind on our streets. Especially popular was a decorated pickup truck from whose back a team of people hurled onto the road stuffed brown garbage bags. These were then scooped up by other team members on the ground.

And on the subject of trucks, we’re very grateful to Mack McCune and Green Gardens for once again lending us one of their trucks for our band. Our players this year performed nobly, especially given the absence of an instrument that carries the melody. Thanks also go to Meme Lincoln and her friend Sekiko McDonald (from up north) for decorating the truck so nicely.

There were many other stylish walkers, bikers, and floats, dog and nondog. The PTA Divas, a bevy of edu-babes, brought the tone of the proceedings up considerably, as did a sleek family of Garrett Parkers dressed all in black to match their beautiful black lab. One little girl held a charming cardboard kite with a bolt of lightning at the top, a reminder of Benjamin Franklin’s experiment. A few disgruntled cat people showed up. And, as in years past, the tightly bonded Druids moved among us in large colorful packs.

Of course the parade was only one component of a long celebratory day. There was the traditional early morning race, and the postparade awarding of prizes, giving of speeches, and eating of hamburgers. There was the always-amusing belly-flop contest at the pool, somewhat dominated this year, through sheer force of numbers, by the Tollefsons. There was music at Penn Place.

There was, most importantly, a spirit of happiness, patriotism, and neighborliness, all day long.

Margaret Soltan

Attic in the Street

The Garrett Park Women’s Club is pleased to announce that the annual Garrett Park Attic in the Street sale will be held on Saturday, October 15, from 10 am to 2 pm. Setup time is 8:30 to 10 am, and all sites must be cleared by 3 pm.

The cost is \$20 for one space or \$35 for two spaces. Checks can be made out to the Garrett Park Women’s Club and sent to the Organizer, Attic-in-the-Street, Garrett Park Women’s Club, PO Box 218, Garrett Park, MD 20896. Please send your check along with the following information: name, address, telephone, email address (all correspondence will be by email to participants before the sale date), and number of spaces requested.

We are working on getting a truck to pick up unsold items after the sale, for those of you wishing to donate these.

If you wish to volunteer to help plan this event, or if you have any questions, please contact Celia Hayes.

Speed Limit

The GP Citizens Association will sponsor a town meeting on October 26 in the Town Hall to discuss a proposal by Tony Altar and Karol Soltan to lower the Garrett Park speed limit to 19 mph. We will solicit town opinions on this proposal, and suggestions as to how we will enforce it, pay for it, and educate town citizens and those doing business in town about the virtues of driving a little slower.


Tony Altar

AOL Rejecting GPML Email

Those with AOL accounts may not be receiving email sent by the Garrett Park Mailing List (GPML). AOL has lowered the number of emails it will accept from a single Internet address. We send over 50 emails to AOL accounts, which seems to exceed AOL’s limit, so AOL returns the emails to the GPML rather than delivering them to the designated recipients. We are working with AOL and Comcast, our Internet Server Provider, to rectify this situation.

Martin Trocki

Elizabeth Henley, Writer
elizhenley@aol.com



The Writers Workshop

Beginner * Intermediate * Advanced Groups
Memoir * Fiction * Poetry
Tutorials

11009 Kenilworth Avenue
Garrett Park, MD 20896-0283

Home (310) 942-5619
Cell (917) 628-6684

Bugle Notes . . . Sweet and Sour

- ♪ Elizabeth Henley, whose family has lived on Kenilworth Avenue since 1953, has returned for an extended visit to spend time with mom Lillian and brother Michael. Elizabeth's home these past 30 years has been New York City, where she teaches creative writing at New York University and privately. Her daughter is a student at Garrett Park Elementary.
- ♪ David and Helen Fredericks celebrated their 65th wedding anniversary on August 30 with a party of 18 family and friends. Among family members attending were daughters Jennifer Fields of Marshfield, Massachusetts, and Suzi Gifford of Garrett Park and their families. They enjoyed a wonderful celebration and are looking forward to many more happy years together.
- ♪ Sandra Shoemaker Sonner, wife of hometown boy Andy Sonner, died July 1 of cancer at her home in Centreville, Maryland. She worked at Montgomery College with the Gifted and Talented programs for 20 years before retiring in 2004. She is survived by her husband of 47 years, Andy; children Mary Costello, John, Kenneth, Molly Andolina, Timothy, and Theodore; and seven grandchildren.
- ♪ Former Garrett Park kid and now Boston resident Rachel Henig came back in late July for an extended visit with her parents, Les and Carol Henig of Cambria, and her siblings, and to be a support to her grandfather Sy Henig of Kensington, who is now at Brighton Gardens on Tuckerman Lane following surgery. She brought two adult male cats with her, who unfortunately disappeared into Rock Creek Park. Has anyone seen a gray tabby or black and white short-haired cat? They were both wearing Massachusetts tags, and may have split up by now. Rachel spent a lot of time prowling the woods and posting signs to find her beloved pets. Please check under your porches and in your sheds. Call for more information.
- ♪ Four local girls want to thank all the generous people who bought lemonade on Labor Day weekend to benefit the Red Cross relief efforts for Hurricane Katrina. The girls were able to donate \$32 from the proceeds of the lemonade stand.
- ♪ Following a very exasperating experience with a Wheaton rug company, Mary Moyer can tell you who not to buy a rug from!
- ♪ Garrett Park has a long history of helping the hungry, and an opportunity exists in our own community. Sophia House, a shelter in Rockville for homeless women in poor health, is in need of volunteers to deliver dinner. Groups commit to only one day a month, and if there are many people to share the cooking, the work will be easy, and substitutes can be provided. The residents enjoy interacting with volunteers and their children. Call Carol Henig to volunteer.
- ♪ Warner Memorial Presbyterian church in Kensington will host a panel discussion designed to give clergy and lay leaders tools for understanding the needs of persons with mental illness; \$10 covers lunch and materials. For information and registration by October 4, contact the NAMI office (301-949-5852) or email namioffice@namimc.org.
- ♪ Lori Sampson of Clermont Avenue is in the Stephen Sondheim musical "Company" with Kensington Arts Theatre, October 28 to November 19 (Thursday performances Nov. 10 and 17, but no Sunday matinees). If you have an Entertainment 2005 book, in the "Attractions" section there's a 50% off coupon for up to 4 tickets; it expires November 1, but it will most likely be in the 2006 book as well. Performances are at the Kensington Armory, off Connecticut Ave near Knowles Ave. For more info, visit www.katonline.org.
- ♪ Leo Bradford won 15 ribbons at the Montgomery County Fair for his flowers, including awards for arrangements, single coleus, dahlias, and roses. Leo had three first place awards, the most prestigious being his champion coleus. Wilhelmina Bradford, proud mother of Leo, won three awards at the fair as well, for black and white photography. Congratulations to both.
- ♪ Former Garrett Park Albert Teich (who still lives nearby, off Tuckerman Lane) was in touch to tell us about a gallery show of his photographs: black and white images taken through a kaleidoscope. A postcard showing one of these images is posted on the bulletin board in the Post Office. The show is at the Black & White Gallery in Arlington, 1916 Wilson Boulevard, Suite 201 (703-525-1922). The show runs from September 23 to November 23. Gallery hours are 9 to 6, Monday to Friday.



Long and Foster Real Estate, Inc.
11540 Rockville Pike
N. Bethesda, MD 20852

Home Service Connections

Long & Foster has created a network of the finest local service providers—from home repairs and improvements to interior decorating and landscaping—to help you prepare your house for sale or turn your new house into a home. Search Home Service Connections online for a directory of vendors for licensed and insured contractors in our area.

www.longandfoster.com/connections

Questions? Call 888-447-4244 or
Mimi at 301-468-0606

North Bethesda/Rockville/Kensington
WHERE THE ACTION IS IN
MONTGOMERY COUNTY



Thinking of selling? Call
Mimi, GRI, RLS
Agent
Realtor MD & DC
301-468-0606 (office)
mimi.keister@longandfoster.com



Letter from the Mayor

Somehow September always seems like a new year. It has been almost a year since our restored Penn Place has been open. At last we are going to have a gallery to display the work of our many artists who live in town. I hope that everyone has a chance to come to the Town Lobby to enjoy the current presentation of one piece from each of the nine artists who will have their own shows throughout the coming year. Many thanks go to Jane Salomon and her committee of Nancy Schwartz and Sylvia Dinale. Keep watching for other openings this year.

I have been reappointed to a state legislative committee. The committee has met three times since mid-August to begin to prepare for the General Assembly session, which will begin in January. The Committee will begin meeting very frequently in January and continue through the 90-day General Assembly session. Many are saying that this session, in an election year, will be one of the most contentious in Maryland's long history. One plus is that municipalities tend to get more funding in an election year. The state has a current budget surplus, so many are looking for more grants for such things as open space protection, and community legacy funds may be available. We should begin to think about how we might do work to make the Waverly Park near Penn Place more beautiful and available for recre-

ation activities. Our Town and Open Spaces Committee will be meeting to consider this and would appreciate your suggestions.

Tony Altar, who has been chairing the Infrastructure Committee, has been promoted to head his company and finds that he needs help with the work of the Committee. He has asked me to assist in leading the Committee. We will be needing the assistance of many townspeople to review the current condition of our infrastructure and to assess the needs of the town over the next 5 to 10 years. Perhaps the state will be more generous with grants that will allow us to make the greatly needed improvements of our maintenance facility as well as to plan for a long-term roads improvement program.

Garrett Park has had a representative on the county Martin Luther King Commemoration Commission for a number of years. Marian Green has been our representative for three years and is now stepping down. If you would like to be appointed to this Commission, please call me or Town Administrator Ted Pratt. And thank you, Marian, for all the work you have done representing our town.

At the September Town Council meeting, the Garrett Park Elementary School PTA president and principal spoke about the addition that will be built this year. They also are looking for volunteers who will work with individual students on reading and writing. There will be a training session given by a retired reading teacher in October. Please call the school if you are interested in participating.

The Monday Morning Coffee/Tea Breaks return to the first Mondays of the month on October 3 at 10 am. Everyone is welcome to come to the Penn Place Town Lobby (second floor) to visit with neighbors. There will be juice for the younger set.

Carolyn Shawaker

**Once upon a time
everything was handcrafted.**

Some things still are.

The art of portraiture is alive.

**Les Henig
PHOTOGRAPHY**

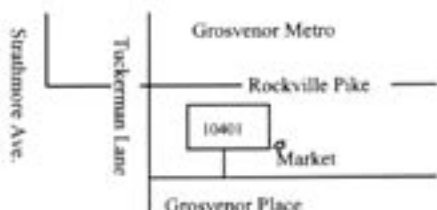
301-933-5762
www.LesHenig.com



**GROSVENOR
MARKET**

**9-9 MONDAY-SATURDAY
9-6 SUNDAY**

**Fast, Friendly, Convenient Service
(301) 493-6217**



Experience matters

Jeremy Lichtenstein has been helping buyers and sellers in Garrett Park for over 17 years.

There truly is just *one* name in real estate.

Jeremy
The One Name in Real Estate



JEREMY LICHTENSTEIN • RE/MAX REALTY SERVICES
301.252.0389 • 301.347.4121
WWW.JEREMYHOMES.COM



Yasuhisa Nakada

Yasuhisa Nakada passed away unexpectedly while visiting in Japan. He was 60 years old. In July of this year he had published his first novel, *Woman in Georgetown*. A resident of Clermont Avenue since 1985, he was a reporter for Kyodo Newswire Service before he started his own business, "Japan Consulting."

He leaves behind his wife Mayumi; his sons Leo, who started his freshman year at the University of Maryland this year, and Ken, who lives in Nebraska; and many relatives in Japan. He loved the town of Garrett Park, and his spirit will rest here with his family and friends.

Meme Lincoln

GPES

Dara Feldman, kindergarten teacher, won the Outstanding Elementary School Teacher at the annual Disney Teacher Awards in California. She was one of 45 exceptional teachers selected from more than 50,000 nominees. Only six teachers win the top awards, and then one of those finalists is selected 2005 Teacher of the Year.

The school addition construction that was slated to start in July may finally be getting going. There is a port-a-john now on the playground next to the Nursery School. It's been a long process, which seems to be slowing down instead of moving ahead.

The students at the school are collecting items to go into backpacks that will be sent to Hurricane Katrina survivors. We have one student who was transplanted with her family from New Orleans and joined her relatives up here. She has settled in nicely. Last year at this time school was closed because of the storm damage and the hurricane we had then. Remember the tree that came down at the corner of Kenilworth and Oxford?

The Oasis Intergenerational Tutoring Program will be starting at GPES this fall. To help promote literacy, they will be tutoring 1st, 2nd, and 3rd graders once a week. If there are any adults 50 or older who would like to join the program, call Kay Meek, OASIS Tutor Coordinator (301-588-5416). There will be training given on October 17 to 19.

Come and visit the GPES Wax Museum in October when the 5th grade students dress in costume representing famous people. You clap your hands and they give a spiel about their person. This will be presented in the multipurpose room on the morning of October 10.

Mary Moyer

Garrett Park Yoga

There is yoga in town, offered at the Garrett Park Town Hall on Tuesday evenings and Friday mornings. There is yoga for all of us.

We go to yoga to breathe, to open up our hearts, and to grapple with gravity. As yoga instructor Jackie Hoffman reminds us, "Yoga is about opening up the joints." As she coaches us into position with some humor to keep us smiling, she reminds us, "It is not about how far you can take it. It is about taking yourself where you can go."

In stylish Zen fashion, Jackie cheerfully remarks upon our presence of position, "And there you are!" She wants to escort us to a calm presence of mind. "You're thinking too much!" she reprimands us, with affection, if we begin to stumble from too much effort or we become distracted by our critical thoughts.

Many of us almost don't make it to yoga class. There are the dishes to do after dinner on Tuesday nights, our kids and homework, or "The Daily Show" to hold us back. There are our over-scheduled datebooks. Who wants to walk out the door at 7:45 in the evening? But go. You will be glad you did.

At yoga, twice a week, Jackie Hoffman takes us straight to our rhythmic breathing, and, before we know it, we forget the everyday details. We listen to our breath and move into "Downward Dog." All the kinks melt away and the oxygen flows through as we stretch out and seek realignment, and with that, comes greater perspective. It's better than a cocktail. It is a great "time out" for adults.

By the time Jackie begins to chant or ring her bell, our 75 minutes are up, and we are done with the beloved "dead man's pose." Already? Even those of us who had been hesitant to engage in this effort are wanting more. Do we have to stop? We want to stay on our mats in the Town Hall. We hope to hold onto our center as we face the day to day.

So we come back for another realignment. We breathe and laugh with Jackie and try to find our balance as we practice yoga. We are grateful for the "here and now" of yoga class in Garrett Park.

Kay Abrams

